



# EXECUTIVE SANCTUARY

## Nourish Your Leadership • Strengthen Your Nonprofit • Scale Your Impact

**Nonprofit CEOs are facing challenges never seen before.** Navigating today's chaos and uncertainty requires more than skill—it demands clarity, boldness, and connection. **That's what you'll find in Executive Sanctuary.**

For over a decade, Executive Sanctuary has been a place to have confidential peer conversations, reflect on and confront real-world challenges, replenish your energy, strengthen leadership skills, and reconnect to your purpose. You'll leave each session with renewed clarity, sharper strategy, and ready to put concrete actions into practice.

A thoughtfully-curated cohort of 15 nonprofit CEOs becomes your go-to support network to glean lessons from across the sector. The group represents various industries, including the arts, associations, education, environment, healthcare, housing, legal aid, policy, social services, and youth services.

Over the year, your circle comes together for three overnight retreats in a restorative setting in the Washington, DC region. Expert facilitators lead conversations on topics selected by your group, with virtual convenings and individualized case studies between sessions to extend the experience.

Executive Sanctuary is the rare space to step back, think big, and grow—**all while investing in your nonprofit's biggest asset—YOU!**

### About Executive Sanctuary

Executive Sanctuary is a transformational leadership program for nonprofit CEOs founded by Heather Kaye of InVision, LLC. Currently 30+ of the DC region's top nonprofit executives take part in this year-long cohort program.

Executive Sanctuary is a cornerstone of members' leadership journeys. Most renew year-after-year; many have taken part for more than six years and some for a decade.

Executive Sanctuary is a partnership between InVision, LLC and Good Insight. Learn more at [theexecutivesanctuary.com](https://theexecutivesanctuary.com) or email [ExecutiveSanctuary@good-insight.org](mailto:ExecutiveSanctuary@good-insight.org) to set up an exploratory call. Limited space is available.

### What You'll Gain

**Solutions.** Tackle pressing issues: board culture, staff concerns, self-care –it's all welcome here.

**Community.** Unfiltered discussions with trusted peers who have been there.

**Confidentiality.** A safe forum to lift up sensitive, vulnerable topics.

**Leveled Up Leadership.** Stretch and challenge yourself. Learn and unlearn.

**Restorative.** Peaceful settings and a caring community fill your cup.

**Guidance.** Master facilitators offer coaching and cutting-edge learning frameworks and tools.

**Wisdom.** Tap into your inner knowing and embrace lived peer experiences.

I started Executive Sanctuary because I saw how desperate nonprofit leaders were for the time and space to reflect, reset, and have valuable conversations with peers who understand their reality. When leaders can be honest about what's hard, real transformation becomes possible.

*Heather Kaye, InVision, LLC*

## About Circle 1

### Program Criteria

Nonprofit E.D.s and CEOs in roles for 6+ months. Participants generally have teams of 10+, and budgets of over \$2.5 million.

### Program Dates

Overnight retreats in the fall, winter, and spring, and virtually between sessions. Dates TBC.

### Program Fees

\$6,500, includes all programming, lodging and meals for three retreats. Custom payment plans available.

### Program Location

Welcoming retreat locations 90 minutes from DC.

### Circle 1 Facilitators

*Jen Lachman (she/her)*. A seasoned coach, facilitator, and past nonprofit E.D., Jen combines curiosity and humor with challenge and rigor, to help leaders harness their strengths, develop new skills, and respond effectively to the pressures of nonprofit leadership—while caring for themselves and others.

*Maegan Scott (she/her)*. A visionary leader in organizational equity and personal transformation, Maegan advances racial equity, liberation, and wellbeing for individuals and organizations. With experience as a teacher, funder, coach, consultant, trainer, and healer, her approach weaves together organizational development, anthropology and critical race theory, energy healing, and mindfulness.

## Select Current & Past Participants

Academy of Hope  
AsylumWorks  
Barker Adoption Foundation  
Capital Area Asset Builders  
Carlos Rosario International Public Charter School  
Carpenter's Shelter  
Community of Hope  
Cornerstone Montgomery  
Culpepper Garden  
Education Week  
Equal Measure  
Fresh Farm  
Girl Scouts of the Nation's Capital  
Greater Washington Urban League  
Horizon Foundation  
Jewish Council for the Aging, Greater Washington  
Martha's Table  
Mercy Health Clinic  
Miriam's Kitchen  
Montgomery County Coalition for the Homeless  
New Futures  
Paul Public Charter School  
Planned Parenthood of Metro Washington  
Sasha Bruce Network  
Shepherd's Table  
SMYAL  
Strathmore  
Student Conservation Association  
The Lewinsville Retirement Residence  
Treatment and Learning Centers  
Washington Performing Arts  
Wendt Center for Loss and Healing  
YWCA of the National Capital Area

Some of my strongest relationships and most reliable and candid support come from Executive Sanctuary. It fosters and deepens strong relationships that move me forward personally and professionally. It's my first priority for my annual development.

*Shannon Steene, Carpenter's Shelter*



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